AVALON

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AVALON WELLNESS TEAM

Behind every assessment at AVALON stands a team of experienced physicians and health professionals, guided by one philosophy, Wellness Reimagined. With clinical expertise and genuine attentiveness to each individual, they bring clarity, care, and thoughtful guidance to every visit, helping you understand your health and move forward with confidence.

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Golden Valley,
20 Pearl Rd, Yangon

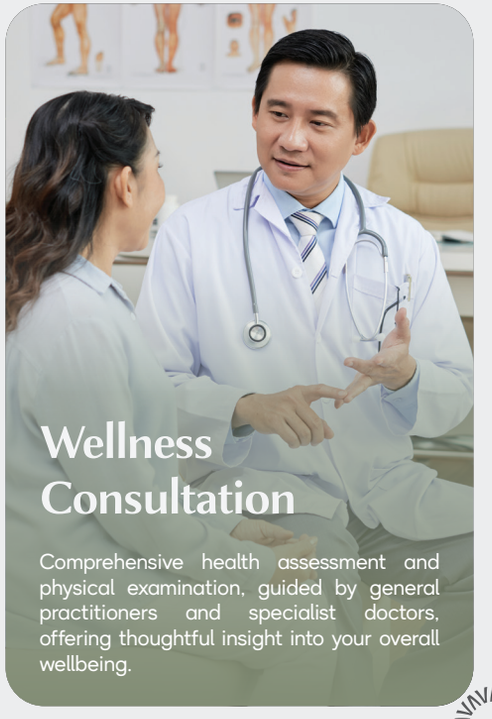
AVALON
Wellness Reimagined

WELLNESS



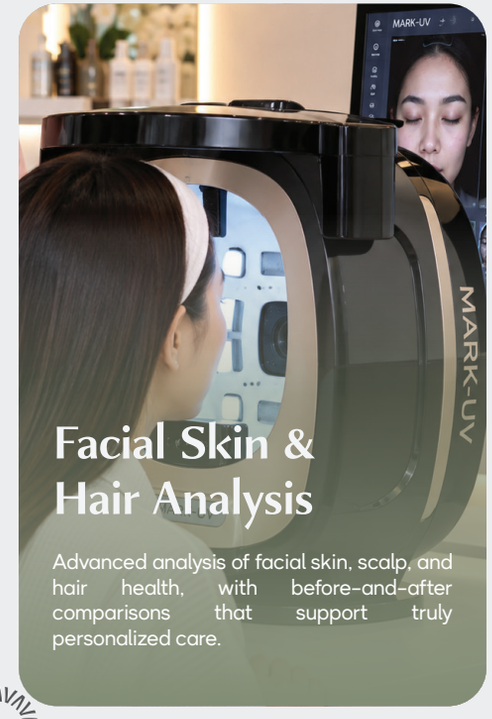
ABOUT THE DEPARTMENT

Preventive wellness begins with understanding where you are today. At AVALON, our Wellness Checkup Department brings together appropriate health assessments, screenings, and physician consultations to offer a clear, honest picture of your health, shaped around your age, lifestyle, and personal goals, while valuing awareness over urgency and insight over assumption. With timely results and attentive medical guidance, we turn awareness into meaningful action, helping you move forward with more informed, confident choices for tomorrow. Rather than a routine examination, we see it as a meaningful first step, offering a quiet, private space to pause, reflect, and gain clarity on the path ahead, all within a refined environment where hospitality and care come together. Because true wellbeing begins with understanding yourself, this is where a healthier, more vibrant life often starts. It is a thoughtful beginning to AVALON's philosophy of living well, with greater awareness and purpose.



Wellness Consultation

Comprehensive health assessment and physical examination, guided by general practitioners and specialist doctors, offering thoughtful insight into your overall wellbeing.



Facial Skin & Hair Analysis

Advanced analysis of facial skin, scalp, and hair health, with before-and-after comparisons that support truly personalized care.



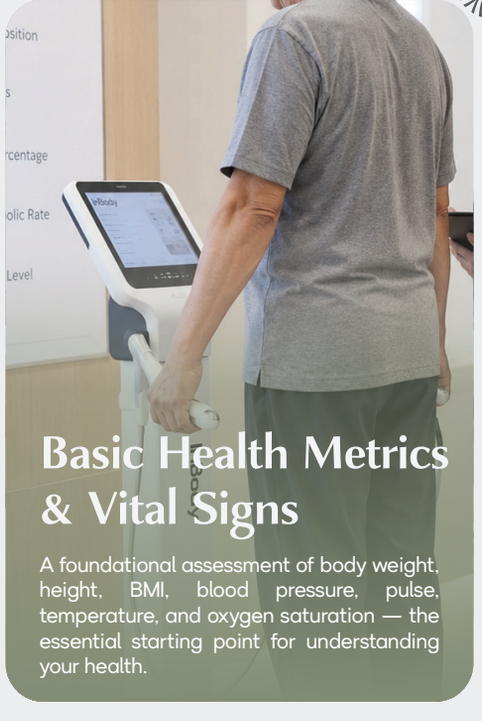
Genetic Testing

DNA testing conducted through accredited laboratories, offering deeper, more personalized insight into your long-term health.



Vaccination Services

Individual and corporate vaccination programs thoughtfully designed to support disease prevention and long-term wellbeing.



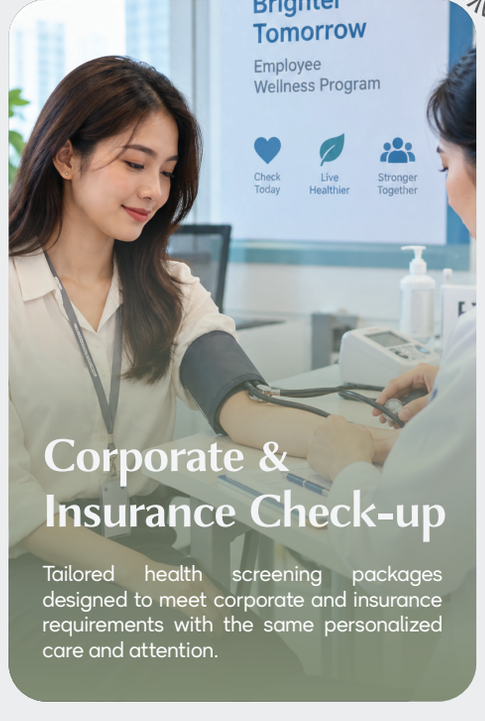
Basic Health Metrics & Vital Signs

A foundational assessment of body weight, height, BMI, blood pressure, pulse, temperature, and oxygen saturation — the essential starting point for understanding your health.



Comprehensive Health Screening

Preventive health and beauty check-up packages combining a range of laboratory tests with the convenience of home phlebotomy services.



Corporate & Insurance Check-up

Tailored health screening packages designed to meet corporate and insurance requirements with the same personalized care and attention.



AVALON Signature Wellness

A comprehensive wellness assessment designed for convenience and peace of mind, bringing essential screenings, professional consultation, and personalized health insights together in one seamless, same-day experience.